**John Logie Baird ELCC**

**Tooth Varnishing and Brushing Policy**

**Introduction**

In line with Health Promoting Schools and Care Inspectorate standards we are committed to ensuring we encourage good health for all of our children including dental health within a safe environment. Part of the process is to with with Partners such as Childsmile and the Oral Health Improvement Team. The following steps for Tooth Varnishing are outlined.

**Procedure**

1. A list of children not to be varnished is to be provided by the Oral Health Improvement Team for Nursery Staff.
2. Each key worker will take their group of children to the Oral Health Team and remain with them until the whole group is finished.
3. The key worker will name the child and apply the name sticker at the location of the varnishing.

**Tooth Brushing**

**One or more staff will be trained in Tooth Brushing before it can take place in the ELC.**

1. Tooth brushing will be decided by staff at what time of day they feel is appropriate to brush the children’s teeth.
2. Each child will have their own toothbrush and kept on the toothbrush bus. Staff will be aware of who is assigned to what picture on the bus.
3. Individual paper towels are given to the children along with a pea size amount of toothpaste.
4. Tooth brush song will be played to children twice to ensure two minutes of tooth brushing is completed.
5. Staff to monitor and supervise at all times.
6. Children will spit into paper towel, wrap it up and dispose of the paper towel.
7. Staff will wash toothbrushes and place them back into their toothbrush bus.
8. Staff will wear appropriate PPE and gloves during tooth brushing.

**Article 24 (health and health services)** Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

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