**John Logie Baird ELCC**

**Hand Hygiene Policy**

Hand washing is the single most important means of preventing the spread of infection and germs. Staff and children must wash hands regularly while at JLB ELCC. Staff and children should wash their hands with soap and water for at least 20 seconds. Children should be encouraged to sing the hand washing song and staff should monitor/role model to ensure children carry this out properly. Hand Washing Posters should be displayed in all nursery areas i.e nursery toilets and sinks in play rooms, for children to see. Staff should also ensure children’s faces are clean. Hands must be washed even if gloves are worn.

Hands must be washed

Upon arrival

Before or after the preparation or serving of food or drink. PPE should be worn when preparing/serving snack/lunch.

Before and after eating a meal or snack

Before assisting a child with eating

Before and after toileting

Before or after assisting a child with toileting or nappy changing

After wiping own nose or assisting a child with wiping nose. Children should also be encouraged to wash hands after cleaning their nose

After contact with body fluids

After coughing or sneezing

After cleaning or using cleaning materials

After handling the any bins

After contact with animals

After administering medication

Before or after messy play, play dough or activities that include glue

Before and after sand or water play

After touching face

After coming indoors from playing outdoors

**Updated**: January 2024

**Review**: January 2025