**John Logie Baird ELCC**

**Packed Lunch Guidance Policy**

Parents/carers may choose to send their child with a pack lunch. Pack lunch guidance information should be given to all parents at start of term or when their child starts nursery.

Pack lunch procedure:

Packed lunches should be stored in child’s lunch bag/box with a cool pack (responsibility of parent). Parents should provide an icepack in the child’s lunch bag to keep it cool. Lunch bag/box should not be stored in the fridge. All lunch bags/boxes should be stored in the play room lunch unit.

Children receiving a packed lunch should always have the opportunity to have their lunch alongside the children having a hot lunch.

The Packed lunch contents should be put on a plate for the child on the table along with cutlery if necessary.

Packed lunch bag/box should be stored under the table during meal times. Children are encouraged to tidy their own lunch bag/box and water bottle away when finished.

**Article 24 (health and health services)**: Every child has the right to the best possible health. Governments must provide good quality health care, clean water, nutritious food, and a clean environment and education on health and well-being so that children can stay healthy. Richer countries must help poorer countries achieve this.

Reviewed: January 2023

Next Review date: January 2024